



# Transition Planning & Support Checklist

Transitioning to adulthood and independence is exciting for every youth but can also be daunting and uncertain. This checklist is designed as a guide to identify the youth's assets and anticipate the challenges they will face transitioning into adulthood. Because transition planning in Louisiana begins when the youth makes 14 years old, not all transition plans will address all of the following components. Transition planning should be regularly revisited and revised and directed by the youth-it is their life.

CASA Youth \_\_\_\_\_ CASA Volunteer \_\_\_\_\_



## Permanent Connections

- Permanent family or family like relationships: How to create and nurture these relationships
- Biological family connections: parents, siblings, grandparents, extended family
- Foster family connections
- Supportive adults: teacher, coach, neighbor, church member
- Emergency Contact (for school, employment, etc.)



## Identification

- Birth certificate
- Social Security Card
- State-issued identification card/driver's license
- Health Insurance/Medicaid information
- Medical Records
- High school transcripts
- Safe personal filing system/place



## Education

- Highschool diploma or GED: What support does the youth need to succeed?
- Postsecondary education, i.e., College, Vocational School: What are the entrance requirements and what will the youth need for admission? SAT, ACT, FAFSA
- Financing for postsecondary education
- ETV vouchers and scholarships



## Life Skills

- Casey Life Skills Survey
- Nutrition and grocery shopping
- Clothing and laundry
- Cooking and cleaning
- Recreation and leisure activities
- Other interests/skills



## Health and Well-Being

- Health provider/primary doctor
- Mental health provider/therapist
- Dental provider
- Vision provider
- Insurance for all of the above
- Prescription plan
- Medical records
- Knowledge of resources



## Job/Career

- Vocational Assessment
- Employment Skills/current or past employment
- Resume
- Job Applications
- Job Interviews
- Keeping a job



## Financial Literacy/Money Management

- Source of income
- Banking/checking account, savings account, debit cards
- Credit-credit rating how to build it, how to protect it
- Monthly budget
- Check eligibility for assistance (SNAP, HUD, SSI, TANF programs)



## Housing

- Housing arrangements after foster care
- Housing assistance programs/eligibility/availability/application process
- Transitional Living Programs
- Sample rental application—Is a reference or co-signer required
- Back-up Plan
- Knowledge of resources



## Transportation

- Mode of transportation
- Availability of public transportation
- Driver's license and driving requirements (Registration, Insurance, Inspection, Maintenance)
- Knowledge of available options



## Community and Social Life

- Voter registration
- Recreation and leisure activities
- Community connections
- Spiritual support/church
- Healthy peer relationships



## Extended Foster Care

- Timely notice/explanations for youth
- Expectations of youth
- Support (housing, educational, financial, etc.)
- Community support (i.e., Open Table)



## Meeting Dates and Notes

Transition planning should be regularly revisited and revised. Set up meeting times to ensure that the youth is regularly checking-in and on the path towards success. Use this section to take notes and keep track of the progress of the youth's transition plan.

<b>Meeting 1 Date</b> _____	<b>Meeting 6 Date</b> _____
<b>Meeting 2 Date</b> _____	<b>Meeting 7 Date</b> _____
<b>Meeting 3 Date</b> _____	<b>Meeting 8 Date</b> _____
<b>Meeting 4 Date</b> _____	<b>Meeting 9 Date</b> _____
<b>Meeting 5 Date</b> _____	<b>Meeting 10 Date</b> _____

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